



## Caveat on the answers:

Every situation is different and would need to be considered in its context with the 'rules' as defined in RRS 2021-2024 and these Q&As as a guide. These Q&As take into account NoR Amendment 7 published 30th October 2024.

Legend: In green: no change in the answer, only the comments have been changed, In Yellow, the answer and the comment have been changed.

	QUESTION	ANSWER	COMMENT	RULE
		Questions To	eam Beyou Racing	
1	In the context of a technical incident, is the manual sending of data from the boat to shore (technical team) for the sole purpose of better diagnosis and resolution of the fault permitted?	YES but	Provided that there is a genuine technical problem.	NOR 4.3.5 4.3.6
2	Are exchanges related to the 2025 season (construction of new boat, modification of current boat, design of sails, team management, sports program, etc.) between the Skipper and his team authorized?	YES but	These exchanges must not be related to the boat's performance in the Vendée Globe 2024-2025. The jury draws attention to the first item of NOR 4.3.3: "It is prohibited to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices.	NOR 4.3.3
3	In case of computer or electronic problem, is it allowed to download from shore a software capable to solve the failure?	NO except	Except after authorization from RM according to NOR 4.3.3 where it is "prohibited to access any software or update non-embarked in Les Sables d'Olonne (except authorization from RM)".	NOR 4.3.3
4	Is the Notice of Race Amendment 4 of the Vendée Globe 2024 final?	not relevant	It is not a Jury issue. (An amendment 5 to the NOR has been published the 30th of September 2024, an amendment 6 the 22th October and an amendment 7 the 30th October)	
		Question	s Class IMOCA	
5	Am I allowed to describe the weather conditions expected on my route, my routing choices or my strategy in a public broadcast either by the race media or on my own media channels and not involving a response from outside parties?	YES but	NOR 4.3.6 precises "By and large, any communication between the boat and land (email, telephony, messages, video call or other) must respect prohibitions and restrictions described in NOR 4.3 and 6.4.".  Especially NOR 4.3.3 Performance support prohibits "to send data between the boat and its team, in one way or the other, which could be used to analyse and improve the choice of trajectory of the boat ".	NOR 4.3.6 4.3.3 6.4











6	If I have scientific equipment on board, can the data be forwarded directly to research institutions?	YES	NOR 4.3.3 authorizes "to send data from the boat to organisations collecting scientific data on land in real time. These organisations must be validated in advance by the OA."	NOR 4.3.3
7	With a view to communication, I have a close friend, a good Adrena and weather specialist, who creates a twice-daily tactical and strategic session for my community and my fans on FaceBook (replay).  a) Can I sit in on this session? b) Can I personally participate?	a) NO b) NO	NOR 4.3.3 prohibits: "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices. NOR 4.3.6 specifies "By and large, any communication between the boat and land (email, telephony, messages, video call or other) must respect prohibitions and restrictions described in NOR 4.3 and 6.4."	NOR 4.3.3 4.3.6
8	Must I notify the RM if I receive unsolicited information? (Anything I I of outside origin in the widest sense and [from someone] not necessarily aware of the rule[s])	YES	Receiving information is not prohibited by the RRS or by the NOR. It is prohibited if the information becomes 'outside help'(RRS 41) or "performance support" (NOR). NOR 4.3.1 does not change rule 41(d) which permits outside help that is 'unsolicited information from a disinterested source, which may be another boat in the same race'. Informing the RM is an action which will be taken in account by the jury in case of a hearing.	NOR 4.3.1 RRS 41(d)
9	Can my team say "Keep going, tomorrow will be calmer and you will be able to rest"?	YES but	NOR 4.3.6 precises "By and large, any communication between the boat and land (email, telephony, messages, video call or other) must respect prohibitions and restrictions described in NOR 4.3 and 6.4.". Especially NOR 4.3.3 Performance support prohibits "to send data between the boat and its team, in one way or the other, which could be used to analyse and improve the choice of trajectory of the boat ".	NOR 4.3.3
10	Feeding, is it possible to receive chefs' recipes to improve my diet? If I fish, can I receive information on cooking a catch?	YES but	See NOR 4.3.3 which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  But it is possible by complying with NOR 4.3.6 "surfing on websites from the boat, on condition that these websites are public and referenced in search engines."	NOR 4.3.3 4.3.6













11	I have lost a sail, can the sailmaker send me new 'sailects' (sail plans)?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.3
12	Can my team update me on the progress of other competitors?	YES but	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.3
13	Can my team prod me to choose a route that's meteorologically better?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.3
14	The sea is rough and choppy, can my team warn me of a risk of danger or possible damage arising from my excessive speed?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  Only the RM can act according NOR 6.4.5 Exceptional circumstances	NOR 4.3.3 6.4.5
15	Can my family or my team discuss the race positions of other competitors and suggest I can gain places??	YES	The family or team must not suggest how places can be gained. See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.3
16	Can my family or my team encourage me by talking about the speeds made good by the boat?	YES	NOR 4.3.6 authorizes: private communication (email, telephony, video call, messages) (with family and circle of friends exclusively); Communication (email, telephony, video call, messages) with partners or fans; But must comply with NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for	NOR 4.3.3













			decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	
17	Can I discuss with another competitor the forecast strength of a front ahead of us?	YES but	See NOR 4.3.6 « communications between boats are authorized. RRS 41(d) « an unsolicited information from a disinterested source, which may be another boat in the same race ». But NOR 4.3.6 specifies « By and large, any communication between the boat and land (email, telephony, messages, video call or other) must respect prohibitions and restrictions described in NOR 4.3 and 6.4."	NOR 4.3.3 RRS 41(d) 4.3.6
18	a) Can my team warn me of a risk of collision given my trajectory which seems to take me inside a TSS, towards a rock, an island or the land? b) In that situation, is my team required to notify the RM?	a) NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  Only the RM can act according NOR 6.4.5 Exceptional circumstances: "In exceptional circumstances, and in situations that might involve the Skippers' safety (meteorological conditions, international conflict, etc.), RM may have to issue specific directives to the Skippers"  And "These new directives will be issued in order to deal with the conditions encountered in the best possible way. They may modify one or more articles of this NOR, of the SI or of other applicable rules referred to above. In such cases, they will be the subject of a detailed report submitted to the Jury by RM."	NOR 4.3.3 6.4.5
19	Am I allowed to discuss my choice of routes with my team? My family? My sponsors?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  The use of the verb "to discuss" falls within the scope of AC 4.3.3. The answer would have been YES if the question used the verb "to tell".	NOR 4.3.3











20	Am I allowed to discuss the weather as a whole with my team? My family? My sponsors?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  The use of the verb "to discuss" falls within the scope of AC 4.3.3. The answer would have been YES if the question used the verb "to tell".	NOR 4.3.3
21	If I am a little concerned about weather conditions, can I interact with the RM about a specific weather situation (beyond general information for all competitors)?	VEC but	A boat is permitted to report actual or forecast weather conditions to the RM. The RM will not give individual advice to the competitor according to NOR 4.3.3, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  But only the RM is entitled to act under NOR 6.4.5, Exceptional circumstances.	NOR 4.3.3 6.4.5
22	Can I update my team with a recurring technical issue, even when there is no technical problem?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  Technical advice shall be strictly limited to actions of repair (NOR 4.3.5)	NOR 4.3.3 4.3.5
23	a) If there is a composite (carbon) problem, do we copy the RM with discussions and advice and even the repair process? b) Should The RM be copied on all exchanges?	NO except	The RM must be copied in on the exchanges set up between the team and the boat (Whats app, Telegram, photos, videos, etc.) if the technical problem meets at least one of the following conditions:  A problem affecting trajectory, speed, A problem which could lead to a risky situation, A problem on monotype elements.	NOR 4.3.5
24	If I climb the mast, must I give prior notice to the RM?	YES	Although nothing is written in the rules, this is a matter of common sense for the safety of the competitor.	













25	Can my team send me a checklist of actions to take to prevent a risk of breakage?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.3
26	Can I talk with my team, to select a place for a technical stopover, without retiring, that is a safe shelter?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  Technical advice shall be strictly limited to actions of repair (NOR 4.3.5)  Only the RM is entitled to act under NOR 6.4.5, Exceptional circumstances.	NOR 4.3.3 4.3.5 6.4.5
27	Can I discuss with my technical team the choice of a place for a technical stopover that is easy to reach given my course and the weather forecast, without retiring?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  Technical advice shall be strictly limited to actions of repair (NOR 4.3.5)  Only the RM is entitled to act under NOR 6.4.5, Exceptional circumstances.	NOR 4.3.3 4.3.5 6.4.5
28	Can my team tell me to wait xx hours before starting a repair when the weather conditions will be calmer?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  Technical advice shall be strictly limited to actions of repair (NOR 4.3.5)	NOR 4.3.3 4.3.5
29	Can my team warn me of excessive loads in my rig?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.3

RÉGION PAYS # LOIRE











30	Can my team send me changed polars for the boat following the loss of a sail or foils?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  Also prohibits "to access any software or update non-embarked in Les Sables d'Olonne (except authorization from RM)."  Remote technical advice shall be strictly limited to actions of repair.(NOR 4.3.5)	NOR 4.3.3 4.3.5
31	a)If I have to take something apart and reassemble it, can I download plans myself from the internet? b) Can I upload them from my team's technical cloud? c) Can my team send them straight to me?	a) YES b) NO c) YES but	a) NOR 4.3.6 authorizes "surfing on websites from the boat, on condition that these websites are public and referenced in search engines." b) NOR 4.3.3 prohibits "to access servers with private accesses in the cloud" c) NOR 4.3.6 authorizes "communication (email, telephony, video call, messages) with team members ashore or technical suppliers/providers of the boat to solve technical problems". But NOR 4.3.6 precises "By and large, any communication between the boat and land (email, telephony, messages, video call or other) must respect prohibitions and restrictions described in NOR 4.3 and 6.4."	NOR 4.3.3 4.3.5 4.3.6
32	Can my team produce a tutorial and broadcast it on YouTube (good communication possible in addition if public channel)?	YES	NOR 4.3.6 authorizes "communication (email, telephony, video call, messages) with team members ashore or technical suppliers/providers of the boat to solve technical problems" And "surfing on websites from the boat, on condition that these websites are public and referenced in search engines."	NOR 4.3.6
33	Can I have a software update sent to me from the shore and install myself?	NO except	NOR 4.3.3 prohibits "to access any software or update non- embarked in Les Sables d'Olonne (except authorization from RM)."	NOR 4.3.3
34	Can I view my family photos on the cloud?	NO	NOR 4.3.3 prohibits: "to access servers with private accesses in the cloud"	NOR 4.3.3
35	Can my team upload files to the cloud or a drive?	YES but	The team can upload files to the cloud or a drive, however, NOR 4.3.3 prohibits the skipper "to access servers with private accesses in the cloud".	NOR 4.3.3
36	Can I access technical documents on the cloud?	NO	NOR 4.3.3 prohibits: "to access servers with private accesses in the cloud"	NOR 4.3.3













3	Can I keep open my comms channel for the data from the boat's server to go ashore?	NO but	NOR 4.3.3 prohibits "to automatically or manually send any data, live or delayed, apart from those specifically authorized by RM." NOR 4.3.3 authorizes "to send data from the boat to organizations collecting scientific data on land in real time." and "for the boat to record data intended for public communication with a 4 hour delay between the acquisition onboard and the sending ashore to the website. This website will be public and referenced in search engines"	NOR 4.3.3
38	Can I take part in a live social media broadcast?	YES	NOR 4.3.6 "By and large, any communication between the boat and land (email, telephony, messages, video call or other) must respect prohibitions and restrictions described in NOR 4.3 and 6.4." and especially NOR 4.3.3 Performance support.	NOR 4.3.3 4.3.6
39	Can I upload files from the boat on the team's drive?	NO	NOR 4.3.3 prohibits: "to access servers with private accesses in the cloud" And it is prohibited "to automatically or manually send any data, live or delayed, apart from those specifically authorized by RM." It is authorized "to record data stored by the boat; this data will be made available to Race Management and the OA at the end of the race."	NOR 4.3.3
40	a) Can I notify my team of an intended manoeuvre? b) Can I wait for a 'thumbs-up' from the team?	a) YES b) NO	a) Boat can notify team her intend to manoeuver according NOR 4.3.6 "By and large, any communication between the boat and land (email, telephony, messages, video call or other) must respect prohibitions and restrictions described in NOR 4.3 and 6.4.". b) Team can send to the boat only a receipt. Waiting for validation from the team is a performance support, but prevention is nevertheless a common sense measure for safety. See NOR 4.3.3 Performance Support "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.6 4.3.3













41	<b>37-</b> Can I discuss [the following] settings with [another] competitor – autopilot, configuration, ballast, sail?	YES but	NOR 4.3.6 authorizes "communication (email, telephony, video call, messages) between boats".  RRS 41(d) 'unsolicited information from a disinterested source, which may be another boat in the same race'. But NOR 4.3.6 specifies "By and large, any communication between the boat and land (email, telephony, messages, video call or other) must respect prohibitions and restrictions described in NOR 4.3 and 6.4."	NOR 4.3.6 RRS 41(d)
42	Must all communications with the RM be privileged and remain confidential between the skipper and the RM and/or the team?	NO	Nothing is specified in the rules applicable to the Vendée Globe.	
43	If there is a suspected accident or incident (e.g. injury), can the RM access it via the boat's cameras if the team manager agrees?	YES	NOR 6.4.5 Exceptional circumstances: "In exceptional circumstances, and in situations that might involve the Skippers' safety (meteorological conditions, international conflict, etc.), RM may have to issue specific directives to the Skippers" And "These new directives will be issued in order to deal with the conditions encountered in the best possible way. Thus, they may modify one or more articles of this NOR, of the SI or of other applicable rules referred to above. In such cases, they will be the subject of a detailed report submitted to the Jury by RM."	NOR 6.4.5
44	For safety reasons, can my data on the boat's server be made accessible to the RM?	YES	NOR 6.4.5 Exceptional circumstances: "In exceptional circumstances, and in situations that might involve the Skippers' safety (meteorological conditions, international conflict, etc.), RM may have to issue specific directives to the Skippers" And "These new directives will be issued in order to deal with the conditions encountered in the best possible way. Thus, they may modify one or more articles of this NOR, of the SI or of other applicable rules referred to above. In such cases, they will be the subject of a detailed report submitted to the Jury by RM."	NOR 6.4.5
		Question Be	eyou Racing Team	













45	We would have an informal suggestion. In SI 12.4.2 we find the phrase "automatically implies the presence for the hearing" very annoying.  These boats are complicated, very uncomfortable and the means of communication are not very efficient and stable to require the presence of the skipper during a scheduled instruction. As in SI 12.4.1 we would like a nuance that takes into account the circumstances.  What do you think?	ions Toom N	SI 12.4.2 refers to the special procedure for hearing when the boats are racing, it is not a classic instruction, but email exchanges as already done in previous editions. The jury will publish information on the official notice board regarding these procedures relating to a hearing when racing.	SI 12.4 Jury Information 1
	Quest	ions ream r	lacif Santé Prévoyance	
46	a) Can my team alert me to a risk of collision in view of my trajectory with an obstacle such as a TSS, vessels, an ice area, icebergs, a biodiversity area, land? b) Can the RM do it?	a) NO see question 18 b) YES	See NOR 4.3.3 prohibits performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  Only the RM can act according to NOR 6.4.5: "In exceptional circumstances, and in situations that might involve the Skippers' safety (meteorological conditions, international conflict, etc.), RM may have to issue specific directives to the Skippers" and "These new directives will be issued in order to deal with the conditions encountered in the best possible way. Thus, they may modify one or more articles of this NOR, of the SI or of other applicable rules referred to above. In such cases, they will be the subject of a detailed report submitted to the Jury by RM».	NOR 4.3.3 6.4.5
47	Can my team encourage me to rest, feed and hydrate?	NO	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  The use of the verb "to encourage" falls within the scope of AC 4.3.3.	NOR 4.3.3













48	Can I talk to a competitor about a reasonable speed to adopt to avoid breaking in difficult conditions?	YES but see questions 17 and 41	NOR 4.3.6 authorizes vessel-to-vessel communications (e-mail, telephone, video call, messages) but must comply with the prohibitions and restrictions described in NOR 4.3. and 6.4	NOR 4.3.6 4.3.3 6.4
49	<ul><li>a) Can I tell my team that I am going to make a maneuver?</li><li>b) If so, can my team reply to me with an emoji on the messenger?</li></ul>	a) YES b) YES But see question 40	a) Boat can notify team her intend to manoeuver according NOR 4.3.6 "By and large, any communication between the boat and land (email, telephony, messages, video call or other) must respect prohibitions and restrictions described in NOR 4.3 and 6.4."  b) Team can send to the boat only a receipt.  Waiting for validation from the team is a Performance support, but prevention is nevertheless a common sense measure for safety.  See NOR 4.3.3 Performance Support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.6 4.3.3 6.4
50	Can I receive information from my friends and family or my team about other competitors (damage, morale, injury, stopover, etc.)?	YES But	See NOR 4.3.3 performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  But also possible with NOR 4.3.6 which authorizes "surfing on websites from the boat, on condition that these websites are public and referenced in search engines."	NOR 4.3.3 4.3.6
51	Can my team send me encouragement?	YES But see question 9	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.3
52	Can my team inform me about the pace of my competitors?	YES But see question 12	See NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.3













53	Do I have to notify the RM and/or the jury if I receive any prohibited and unsolicited information?	YES see question 8	Receiving information is not prohibited by the RRS or by the NOR. It is prohibited if the information becomes an "external aid" (RRS41) or a "performance aid" (NOR). NOR 4.3.1 does not amend RRS 41(d) which allows outside assistance which is "unsolicited information from a disinterested source". Informing the RM is an action which will be taken in account by the jury in case of a hearing.	NOR 4.3.1 RCV 41(d)
54	Do I need the agreement of the RM to send a log extract or a screenshot to help solve a technical problem?		Only if there is a genuine technical problem.  NOR 4.3.6 authorizes "Communications (e-mail, telephone, video call, messages) with members of the shore crew or the vessel's technical suppliers to solve technical problems".  NOR 4.3.3 prohibits "to automatically or manually send any data, live or delayed, apart from those specifically authorized by RM".	NOR 4.3.3 4.3.6
55	Can my team, or the suppliers I contact, give me the estimated duration of the tasks to be carried out for a repair?		NOR 4.3.6 authorizes "Communications (e-mail, telephone, video call, messages) with members of the shore crew or the vessel's technical suppliers to solve technical problems".	NOR 4.3.6
56	Can the team send me routine checklists or ask to perform a specific inspection?	NO	See NOR 4.3.3 performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.3
57	Can my team or my entourage give me non-public information about my competitors	NO	NOR 4.3.6 authorizes "Communications (e-mail, telephone, video call, messages) with members of the shore crew or the vessel's technical suppliers to solve technical problems". NOR 4.3.6 "Consulting websites from the boat, provided that these sites are public and referenced in search engines" Non-public information exchanged with the team constitutes a performance aid NOR 4.3.3 "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.6 4.3.3











58	example: The mast rotation sensor no longer works but if you take 40 mm of mast rotation hoist it corresponds to 1° of mast rotation.	NO	See NOR 4.3.5 Remote technical advice should be strictly limited to repair actions.  NOR 4.3.6 authorizes communications (e-mail, telephone, video call, messages) with team members ashore or technical suppliers/providers of the boat to solve technical problems.  These authorisations are strictly limited to actions of repair and resolution of technical problems.  Otherwise it is a performance support prohibited by NOR 4.3.3 "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."	NOR 4.3.5 4.3.6 4.3.3			
	Questions Team Thomas Ruyant Racing						
59	A boat that is structurally identical to our has a major structural problem: can recommendations for maximum speed, maximum rigging loads, etc. from the architects be transmitted on board?	NO but	See NOR 4.3.3 performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices."  Only the RM can act according to NOR 6.4.5: "In exceptional circumstances, and in situations that might involve the Skippers' safety (meteorological conditions, international conflict, etc.), RM may have to issue specific directives to the Skippers" and "These new directives will be issued in order to deal with the conditions encountered in the best possible way. Thus, they may modify one or more articles of this NOR, of the SI or of other applicable rules referred to above. In such cases, they will be the subject of a detailed report submitted to the Jury by RM».	NOR 4.3.3 6.4.5			
60	Is it possible to indicate in the description of the solution to a technical problem the weather conditions necessary for its implementation?	YES see question 55	NOR 4.3.5 Technical advice shall be strictly limited to actions of repair.  NOR 4.3.6 authorizes "Communications (e-mail, telephone, video call, messages) with members of the shore crew or the vessel's technical suppliers to solve technical problems". Providing the weather conditions required to carry out the repair (like providing the estimated duration of the tasks to be carried out for a repair) falls within the scope of remote technical advice.	NOR 4.3.5 4.3.6			











6	Are automatic Windows updates allowed?	YES	Automatic updates are authorized if they are public and not personalized. Other updates may be authorized by the RM in accordance with NOR 4.3.3.				
6	Are automatic IOS updates allowed?	YES	Automatic updates are authorized if they are public and not personalized. Other updates may be authorized by the RM in accordance with NOR 4.3.3.	NOR 4.3.3			
6	Are automatic Starlink updates allowed?	YES	Automatic updates are authorized if they are public and not personalized. Other updates may be authorized by the RM in accordance with NOR 4.3.3.				
6	Is it possible to change the settings of a firewall from ashore?	NO	NOR 4.3.3 prohibits "To take control, defined as "any human and/or technological intervention outside the boat" and also prohibits access to any software or update non-embarked in Les Sables d'Olonne (except authorization from RM).	NOR 4.3.3			
	Question Team Holcim-PRB						
6	Can my team send me encouragement in the form of messages and/or videos from my family and sponsors during the race?	YES See question 16	NOR 4.3.6 authorizes private communication (email, telephony, video call, messages) (with family and circle of friends exclusively); Communication (email, telephony, video call, messages) with partners or fans; But must comply with NOR 4.3.3 Performance support, which prohibits "to be assisted, advised or be provided with any weather, tactical, strategic or technical information useful for decision making with the aim of improving the performance of a boat or its skipper or influencing their route choices.	NOR 4.3.3 4.3.6			







